

THE 'ADVANCED STORY SYSTEM' METHOD



PART 1 ~ INITIAL BELIEF

SITUATION - What happened/the Neutral Event/Circumstance

STANCE: THOUGHT - Your ID/ANT/Perspective

STANCE: FEELING - Your Feeling as a byproduct of your Thought

POSTURE & ACTIVITY - Who you BE/What you DO in Response

OUTCOME & ATMOSPHERE - The Result you get from your Response

PART 2 ~ NEW ALIGNED BELIEF

NEW STANCE: "STORY" - Strategic Thought on Renewing Yourself

SCRIPTURE - Write Out a Scripture that Supports this NEW STORY

TESTING THE BELIEF - % you Believe His Truth in your Heart

If you are under 60% in Belief go to PART 3 before completing the next steps on this page

NEW STANCE: FEELING - Your NEW Feeling as a byproduct of your Thought

NEW POSTURE & ACTIVITY - Who you BE/What you DO in Response

NEW OUTCOME & ATMOSPHERE - Result from your NEW Response

ENVISION - Imagine you are in FULL Agreement with God in this NEW Truth and write out your vision below. Allow yourself to experience it with all 5 senses to make it REAL for you as you partner with God in creating it.

PART 3 ~ IF YOU ARE UNDER 60% BELIEF

What Keeps You From Believing Your NEW STORY/Scripture in Your Heart?



What Part of You Holds on to this Belief/Fear? (age/feelings/etc)



What STANCE/STORY Would You REALLY Like to BELIEVE?



What are You Afraid Would Happen if You Believed This?



Acknowledge the Part's Fear with Love, Acceptance and Kindness



What CAN YOU Believe that Acknowledges the Fear & Agrees with God



Write your NEW STANCE: 'STORY' below:



Now that you have a NEW STORY that feels true for you, go to PART 2 and complete the steps again